



This Photo by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-sa/4.0/)

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Available Daily: FOR A HEALTHIER YOU, CHOOSE AN ITEM FROM THE FRUIT AND VEGETABLE counter Which will be located at serving window	August 31 Cereal/Fruit BBQ Rib Sandwich Sweet Potato Tots Celery/Carrot Sticks Grapes	Egg Patty 1 Nachos Salsa/Sour Cream Romaine Salad Bread Stick Mango/Strawberries	Yogurt/Muffin 2 Chicken Nuggets Hash Brown Patty Carrot Sticks Cantaloupe Dinner Rolls	Pancakes 3 Hot Dog on Bun Baked Beans Broccoli w/Ranch Pears	Cereal/Fruit 4 Cheese Bread w/Marinara Veggie Cup Fruit Slices Friday Treat	5
6 Fresh Fruits Banana, Oranges Red or Green Apples Pears Seasonal Fruit	Cereal/Fruit 7 Turkey Burger on Bun Smile Fries Carrots Sticks Cantaloupe/Watermelon	Sausage/Toast 8 Pork Tenderloin on Bun Sweet Potatoes Corn Applesauce	Yogurt/Muffin 9 Macaroni and Cheese Green Beans Broccoli/Tomato cup Dinner Roll Pears	Pancakes 10 Fish Sticks Corn Red Peppers/Ranch Celery Sticks Bread Stick Peaches	Cereal/Fruit 11 Hamburger on Bun Cheese or No Cheese Chips Veggies w/Ranch Apple Friday Treat	12 <i>At least 51% of grains are Whole Grain</i> Both Meals include: 1% or Skim Milk Chocolate Milk (lunch only)
13 Vegetables Carrots, Celery, Broccoli Cauliflower, Cucumbers, Red Peppers, Romaine Lettuce Salad	Cereal/Fruit 14 Mini Corn Dogs Cheese Potatoes Cooked Carrots Petite Dinner Roll Mixed Fruit	Waffles 15 Quesadilla w/cheese Seasoned Rice Corn/Bean Melody Grapes	Yogurt/Muffin 16 GRILLED CHICKEN on Bun Sweet Potato Fries Tomato Slices Banana	Omelet 17 French Toast Sausage Patty Carrot/Celery Sticks Strawberries	Cereal/Fruit 18 Pizza Crunchers Bread Stick Green Beans Veggie Cup Fresh Fruits Friday Treat	19 Breakfast Served 7:35 Main Entrée highlighted in yellow Breakfast items include (subjected to change)
20	Cereal/Fruit 21 Beef Nuggets/bbq sauce Mashed Potatoes Carrot Sticks Corn Bread Watermelon	Sausage/Toast 22 Soft Shell Tacos Lettuce/Salsa/Cheese Rice Melody Refried Beans Pineapple	Yogurt/Muffin 23 Orange Chicken Seasoned Rice Broccoli Pineapple/Pears	Pancakes 24 Spaghetti w/Meat Sauce Garlic Bread Green Beans Celery Sticks/Ranch Peaches	Cereal/Fruit 25 Sausage or Cheese Pizza Romaine Lettuce Salad Veggie Cup Fresh Fruit Friday Treat	26 Main Entrée, Milk, Juice, Assorted Fruits, Assorted Cereals, Yogurt, Cheese Stick, Toast, Muffin....
27	CEREAL/FRUIT 28 DR. Pepper Meatballs Butter Noodles Seasoned Peas Red Pepper Slices Fresh Fruit	EGG MUFFIN/FRUIT 29 Mexican Pizza Lettuce Salad Carrot Sticks/Ranch Strawberries	YOGURT/Muffin 30 Chicken/Noodles Butter Biscuit Cooked Broccoli Celery Sticks Banana			

LUNCH TIMES GRADE K 10:50-11:10 3&4 11:35-12:00 5&6 12:05-12:30 7&8 12:35-1:00

Menu is subject to change without notice*