



SEPTEMBER₂₀₂₂

Time to have fun and learn!



	Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch Times K-2) 10:55-11:30 3-4) 11:35-12:00 5-6) 12:05-12:30 7-8) 12:35-1:00				Waffles 1 BREADED PORK On WG bun French Fries Fresh Broccoli/Ranch Peaches/Pears	Cereal/Fruit 2 BOSCO STICK Marinara Sauce Romaine Lettuce Salad Fresh Vegetable Cup Fresh Fruit Friday Treat	BREAKFAST 7:30-7:55 Fuel up the brain With a healthy breakfast
Available Daily: FOR A HEALTHIER YOU, CHOOSE ITEMS FROM THE FRUIT AND VEGETABLE TABLE		Yogurt/WG Muffin 6 CHICKEN&NOODLES Peas Lettuce Salad WG Biscuit Mangos	Egg/Toast 7 CHEESEBURGER WG Bun Tator Tots Carrot Sticks Pineapple/Oranges	Pancake 8 CORNDOG OR HOTDOG Sun Chips Steamed Broccoli Celery Sticks Fresh Fruit Mix	Cereal/Fruit 9 BEEF TACOS Lettuce/Cheese/Salsa Refried Beans Corn Muffin Fresh Fruit Friday Treat	Breakfast Served 7:30 Main Entrée highlighted in yellow Breakfast items include (subjected to change
FRESH FRUITS Banana, Oranges Red or Green Apples Seasonal Fruit FRESH VEGGIES Carrots, Broccoli Cucumbers, Red Peppers, Romaine Lettuce Salad	Cereal/Fruit 12 CHICKEN BURGER On Bun French Fries Peas Peaches	Sausage 13 SPAGHETTI W/Meat Sauce Garlic Bread Steamed Broccoli Cantaloupe	Yogurt/WG Muffin 14 FRENCH TOAST/syrup Sausage Carrot Sticks/Ranch Dragon Fruit Mandarin Oranges	WG French Toast 15 FISH PATTY On Bun Sweet Potato Tots Green Beans Grapes	Cereal/Fruit 16 QUESADILLA Lettuce Salad Corn Fresh Fruit Friday Cookie	Main Entrée, Milk, Juice, Assorted Fruits, Assorted Cereals, Yogurt, Cheese Stick, Toast, Muffin....
	Cereal/Fruit 19 SLOPPY JOES On Bun Smiley Fries Cooked Carrots Apple Sauce	Yogurt/WG Muffin 20 CHICKEN STRIPS Seasoned Rice Broccoli Mixed Fruits	Egg/Toast 21 BBQ PORK RIB On Bun Sweet Potato Wedges Peas Grapes	Waffles 22 PIZZA HUT Cheese/Pepperoni Green Beans Carrot Sticks/Ranch Watermelon	Cereal/Fruit 23 NACHOS Lettuce/Cheese/Salsa Black Beans Garlic Knots Fresh Fruits Friday Treat	At least 51% of grains are Whole Grain ALL Meals include MILK: 1%, Skim or chocolate
Lunch Sandwich Alt: (WOW) butter and jelly Cheese Ham Yogurt/Whole Grain Bread (WOW butter is a sub for peanut butter)	Cereal/Fruit 26 BEEF GRAVY over Mashed Potatoes Cooked Carrots Dinner Roll Sliced Apple	Sausage/Toast 27 FISH STICKS Buttered Noodles Peas Peaches Garlic Bread	Yogurt/WG Muffin 28 SCRAMBLED EGGS Sausage Patty Romaine Lettuce Salad WG Muffin Cantaloupe	Pancake 29 HOT HAM/CHEESE Sweet Potato Fries Corn Pineapple	Cereal/Fruit 30 BURRITO Lettuce/Cheese/Salsa Carrots/Celery Stick Bread Stick Fresh Fruits Friday Treat	

K-8) There will be a charge for a second milk or milk only. (5-8) There will be an extra charge for ALA CARTE and SECOND entrée items.
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE St. Patrick Catholic School is an equal opportunity provider.